



MEQUON WELLNESS CENTER

**APPENDIX A
MEMBER SERVICES
EFFECTIVE 01/01/2023**

The monthly Membership Fees for Mequon Wellness Center's Direct Primary Care program are:

Single Adult: \$100/month

Couple:
(2 adults) \$150/month

Family:
(2 adults & up to 2 children) \$200/month

Membership Information:

- Children are considered household members ages 0-26
- Additional children (household members ages 0-26) are \$30/child
- Any membership with a child must be accompanied by at least one adult

MENU OF SERVICES

Membership with Mequon Wellness Center's Direct Primary Care Program includes the services described below. Services are limited to those Dr. Lewis can perform according to the standard of care for a board-certified primary care physician in an outpatient setting.

- o Appointments with Dr Lewis for primary care medicine, in person, or via multimedia (Phone or video chat), are available at a cost of \$40 per visit. Appointments are available Monday through Friday, excluding office holidays. These appointments occur at the Mequon Wellness Center clinic, or via multi-media communications
- o Appointments during non-business hours, on weekends, or on office holidays will be at the discretion of Dr Lewis. These appointments are billed as an office visit at the cost of \$40.
- o Dr Lewis is on call for emergencies: (please see the different examples of emergencies below)



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***Emergencies are issues that cannot wait until the office is open:**

- *Acute illness or injury
- *Any situation that may require a higher level of care (i.e., Emergency Room)
- *Travel emergency

***Non-emergencies are issues best handled during normal business hours:**

- *Scheduling appointments or questions regarding follow up appointments
- *Medication refills
- *Lab results or questions regarding results
- *Disease management plans

Wellness Exams Include:

- Age-appropriate physical exam
- Age-appropriate screening recommendations, including lab recommendations and vaccination recommendations

-Healthcare advocacy, including, but not limited to:

- Appropriate referral/recommendation to specialists
- Care coordination of referrals/recommendations with consultants as needed

-Individualized patient education and counseling for many conditions, including, but not limited to:

- lifestyle adjustments (i.e., smoke cessation)
- weight management, blood pressure control, diabetes management

-Medication consultation to review the risks, benefits, costs, and alternatives to member's current treatment

- Supplement review with a pharmacist

Office procedures available at an additional charge:

- Mole removal
- Wart treatment
- Skin biopsies
- Joint aspiration and injections
- Abscess incision and drainage
- Laceration repair
- IV fluid therapy
- Nebulizer treatment
- Any medication administered at an office visit as treatment



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- Office procedures are limited to those appropriate for a standard board-certified primary care physician. Mequon Wellness Center has the discretion to perform office procedures based on expertise, experience, and comfort. Procedures do not include pathology reports, laboratory studies, medical imaging, or other diagnostic or laboratory tests.

******Excluded Procedures and Treatments******

- **Office Based Opioid Treatment (Buprenorphine, Suboxone)**
- **BioTE Hormone Replacement Procedure and Nutraceuticals**
- **Chronic Pain Management**
- **Special Order Medications**
- **Aesthetic / Laser Skin Services**
- **Functional Medicine Services and Treatments**